



RYA Practical Courses

Sail Cruising

Whether you are new to sailing or have years of experience, these course will ensure you go to sea more confident and capable of handling unforeseen situations.

The courses complement our full range of RYA shorebased and practical motor cruising and powerboating programmes.

RYA G15 booklet provides comprehensive details of syllabus and guidance on experience required.

Current dates and prices are available from our website www.ambitionsailing.com

Alternatively please email us on enquiries@ambitionsailing.com or call us on 01253 853075 or 07977 459671. We will be pleased to hear from you, and answer your questions.

Please visit the website for comprehensive details of all our training, holiday and corporate activities.

Format & Benefits



- All courses are Southampton or Hamble based using fully equipped Beneteau First 35 or Sigma 38 yachts
- A low student/instructor ratio means a maximum of 4 RYA students on each course
- Our fully qualified instructors are chosen for their ability to impart knowledge in a safe, fun and informative way – your feedback confirms this to be the case!
- Group bookings of four people attract a 5% discount and flexibility regarding course dates
- Courses start at 1800hrs prior to the first full day and finish at 1600hrs on the last day
- Students sleep and eat on board the yacht and will visit a variety of ports and harbours during the course
- Our prices include accommodation, all meals taken on board, overnight public mooring fees, diesel and gas
- With the exception of the Start Yachting course, all courses are of five days duration. The five days may be consecutive or booked as a series of two or three day weekends
- The only extra costs are hire of wet weather gear if required, and a contribution to the crew kitty to cover incidental expenses (short stay moorings etc)

Start Yachting



2 days (weekends only)

Aim

The course provides a short introduction to sail cruising for novices. By the end of the course participants will have experienced steering a yacht, sail handling, rope work and be aware of safety on board

Features

If you just want to 'try sailing' this is the course for you! Remember, you can book three more days at a later date to upgrade your qualification to Competent Crew!

Syllabus

- The yacht (general knowledge and terms)
- Ropework
- Steering under power and sail
- Rules of the road
- Meteorology
- Man Overboard recovery
- Clothing and equipment
- Emergency equipment and precautions

Competent Crew



5 days

Aim

The competent crew course introduces the complete beginner to cruising and teaches personal safety, seamanship and helmsmanship to the level required to be a useful member of the crew of a cruising yacht

Features

For those that want an 'in depth' introduction to sail cruising.

No previous experience required

Syllabus

- Knowledge of sea terms
- Sail handling
- Ropework
- Fire precautions and fighting
- Personal safety equipment
- Man overboard
- Emergency equipment
- Manners and customs
- Rules of the road
- Dinghies
- Meteorology
- Seasickness
- Helmsmanship and sailing
- General duties

Day Skipper



5 days

Aim

Learn pilotage, navigation, seamanship and boat handling to the standard required to skipper a small cruising yacht safely by day in tidal waters with which the student is familiar

Features

A first step on the 'skippering ladder'. The course introduces the student to issues facing skippers and introduces effective techniques

Students should have basic sailing and navigation ability including some experience of sailing cruising yachts

Syllabus

- Preparation for sea
- Deck work
- Navigation
- Pilotage
- Meteorology
- Rules of the road
- Maintenance and repair work
- Engines
- Victualling
- Emergency situations
- Yacht handling under power
- Yacht handling under sail
- Passage making

Coastal Skipper



5 days

Aim

Learn skills and techniques required to skipper a cruising yacht safely on coastal and offshore passages by day and night

Features

Concentrates on effective skippering techniques and refinement of technical ability in more challenging scenarios

Students should have theory knowledge equivalent to the Coastal Skipper shorebased standard and practical experience at least to Day Skipper standard

Syllabus

- Passage planning
- Preparation for sea
- Pilotage
- Passage making and ability as skipper
- Yacht handling under power
- Yacht handling under sail
- Adverse weather conditions
- Emergency situations

On completion the student may choose to do the independent RYA / MCA Coastal Skipper exam. Ambition Sailing provides a comprehensive exam preparation support package.